August 11, 2018

Luke 12:22-34

"Seeing Clearly"

Christ is displaying how we are to face life!

³² "Don't be afraid, little flock,
because your God delights
in giving you the kingdom.

Don't be afraid. Don't worry. Don't be anxious. (a repetitive theme in this chapter)

Symptoms:

Preoccupied with our own life situation. Needing others to do things right. Feeling that others don't understand. Others really ought to do more, be different. Long list of what we don't want to do. Holding bitterness from long ago. ³³ Sell your possessions and give to those in need. Make for yourselves wallets that don't wear out —a treasure in heaven that never runs out.
No thief comes near there, and no moth destroys.
³⁴ Where your treasure is, there your heart will be too.

The Fear/Worry/bitter Family: worry, anxiety, agitation, dread, dismay, distress, uneasiness, apprehension, nervousness, unrest, bitterness, misgiving, doubt, suspicion.





God's Spirit of Peace symbolized as a Dove is to demonstrate that we can be free from these feelings that possess us.

A Holy Communion is a Holy Gathering!

Place ourselves in a giving place where we are not in charge. **Place ourselves** in a feeling place where we see the needs of others. **Place ourselves** in a learning place where we are not telling. **Place ourselves** in a flock where we are a part of a whole. **Place ourselves** in a committed place where we are expected to be present. "Gratitude is not about stuff. Gratitude is the emotional response to the surprise of our very existence, to sensing that inner light and realizing the astonishing sacred, social, and scientific events that brought each one of us into being. We cry out like the psalmist, "I am fearfully and wonderfully made!""

Gratitude and Grace is a learned mature learned response to life. "in this moment, I am Ok"

"Grace—gifts given without being earned and with no expectation of return—"

– Diana Butler Bass

AUTHOR OF Grounded

Grateful

THE

Psalm 50:23

The one who offers a sacrifice of thanksgiving is the one who honors me. And it is to the one who charts the correct path that I will show divine salvation."

Sacrifice:

a willing gift of something that has positive or negative hold on us.

Surrendering our negative side. It will always involve communion with God and Others. Often when our negative side is dominate in us we withdraw from Spiritual Groupings. ²⁵ Who among you by worrying can add a single moment to your life?
²⁶ If you can't do such a small thing, why worry about the rest?

"Faith for Jesus is the opposite of anxiety. If you are anxious,
if you are trying to control everything,
if you are worried about many things,
you have weak faith, according to Jesus.

You do not trust that God is good and on your side. You're trying to do it all yourself, lift yourself up by your own bootstraps." – Richard Rohr

